






Step 1

Honoring Your Discontent

Description

There is something magnificent happening with you right now; it is this thing called *Life!* Life is always for a more expanded expression of itself, whether that is in a blade of grass, a tree, or even you as a human being. One way you can recognize this pull to the more is by the discontent you may feel in your Health & Well-Being, your Relationships, your Vocation, or your Time & Money Freedom. In this video, you will learn how to recognize and then honor this discontent, so you can then find the answer to begin living a life you would love.

Gold Nuggets

-  You do not get a choice of whether you will create your life, but you do get a choice of whether you will create your life by design or by default.
-  Your discontent comes out of the life in you seeking a fuller, freer, expanded expression of itself by means of you.
-  You can build anything you want to once you understand the tools to master your idea and create it in the world.
-  The first tool to build your dream is to notice and honor any discontent you feel in any area of your life.
-  It is absolutely possible to move past your discontent to create a life you would love living, but first you must identify that discontent.

